

*Monthly tips and resources featured in **What's Next?** are created for young adults, their families, and supporters who are exploring options for life after high school in Indiana.*

Five Transition Resource Sites for Students and Families

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In the world of transition, information can help you navigate this new road you're on and open up a world of possibilities.

But how do you find the *right* information and how can you be sure that it's coming from a source you can trust?

First, check out the publishers. Do they want to sell you something? Are they competing with other businesses or organizations for

your time, attention, and money? That may not necessarily be a bad thing, but you want to be sure you understand the biases involved in the creation of a website, a newsletter, a toolkit, an app, or a product.

Check the footer

For online resources, go to the website footer for information about the publisher and its affiliation to other groups. A website that is associated with or receives funding from a state or federal agency may be worth exploring further since they are a likely a non-profit organization focused on service provision.

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Examples of these types of organizations include Parent Training and Information Centers (PTIs) and the Arc. PTI centers provide support to families of children with disabilities. IN*SOURCE is Indiana's parent training center. The national Arc is a highly regarded association that advocates for and provides information to people with disabilities and their families. There are Arc associations throughout the country.

Transition sites you can trust

As promised, here are several trusted websites for parents and families offering good information, guidance, and tools for transition.

- **National Parent Center on Transition and Employment** <https://www.pacer.org/transition/> from the Pacer Center. Features videos on a variety of transition topics. Also provides downloadable guides and handouts, and parents can sign up for the e-newsletter "Inspiring Possibilities."
- **Got Transition** <https://www.gottransition.org/> National resource center on health care transition.
- **Arc of Indiana's transition-from-school webpage** <https://www.arcind.org/supports-services/transition-from-school/> Fact sheets and links to Charting the LifeCourse, postsecondary options, and more.
- **IN*SOURCE** <http://insource.org/resources/transition-to-adult-life/>. Information on housing, postsecondary education, home modifications, Indiana Vocational Rehabilitation, and more.
- **Collected Resources for Families** <https://instrc.indiana.edu/family-involvement/collect-families.html>. From the publishers of *What's Next?*. Includes the "Working with Indiana VR" video, *Is College for You?* and several transition-related benefits fact sheets.

What's Next? is a project of the Center on Community Living and Careers and the Indiana Department of Education.

For more information about the content of **What's Next?** emails, contact us at whatnext@indiana.edu

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